



Cruise Details

Name:	Flavors of Portugal & Spain
Reference:	AMAPA250913PER
Operator:	Ama Waterways
Cruise Type:	River
Cruise Rating:	Luxury
Ship:	AmaVida
Regions:	Douro
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Departs On:	13 Sep 25
Departs From:	Vega de Terron, Portugal
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Arrives On:	20 Sep 25
Arrives At:	Porto
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Cruise Nights:	7
Total Vacation Days:	8

Itinerary

Day 1: Vega de Terron, Portugal (Portugal)

Arrives On: 13 Sep 25

Day 2: Vega de Terron, Portugal (Portugal)

BARCA D'ALVA – PINHÃO, PORTUGAL. Venture to Castelo Rodrigo, known as the “White Village” because of its almond trees. The site offers spectacular views of the surrounding area. Join a walking tour through its medieval streets and see the houses and establishments with 16th-century façade and Manueline-style windows. If you prefer a more active adventure there, you can hike up to the town. At the end of both tours, enjoy a tasting of local favorites, such as almonds, cheese, bread and wine. Later in the day, cruise along the scenic Douro to Pinhão. (B,L,D)

Arrives On: 14 Sep 25

Day 2: Barca d'Alva (Portugal)

Arrives On: 14 Sep 25

Day 3: Pinhão (Portugal)

PINHÃO. Embark on a leisurely walk to the charming Pinhão Railway Station, a stunning train station along the Douro Line, one of the most iconic rail journeys in Portugal. The station's main building is revered for its 25 tile panels, all in shades of blue, that depict scenes from the Douro region. Afterward, enjoy an exclusive lunch at Quinta de Avessada, where you'll enjoy an authentic and traditional dining experience complete with entertainment. The warm, spirited hospitality of this family-run quinta is quite special as you will discover. Several family members play in a band, and while dining, they will entertain you. Quinta de Avessada is also a fascinating interactive museum commemorating the history and culture of wine in the Alto Douro region, so you'll have fun discovering all the various stages of wine production as well as doing plenty of tasting. Later in the day, a wine tasting will be waiting for you in a local quinta. (B,L,D)

Arrives On: 15 Sep 25

Day 4: Régua (Portugal)

RÉGUA. Discover the Baroque magic of Mateus Palace and gardens. Later in the day, you have a choice of two excursions. Your first option is an excursion to ancient and picturesque Lamego, home to one of the most important pilgrimage sites in Portugal, the Nossa Senhora dos Remédios (Sanctuary of Our Lady of Remedies). For active adventurers, you can hike up the famed Lamego Steps, also known as the Holy Staircase. (B,L,D)

Arrives On: 16 Sep 25

Day 5: Régua (Portugal)

RÉGUA – ENTRE-OS-RIOS. Enjoy a scenic cruise along the Douro from Régua to Entre-Os-Rios. This will be followed by a traditional "home-cooked" meal at a local quinta. (B,L,D)

Arrives On: 17 Sep 25

Day 5: Entre-os-Rios (Portugal)

Arrives On: 17 Sep 25

Day 6: Entre-os-Rios (Portugal)

ENTRE-OS-RIOS – PORTO. Enjoy a morning of scenic cruising on your way to Porto, then join a guided tour of Porto's historic quarter, a UNESCO World Heritage Site. You'll see the Cathedral, one

of the city's oldest monuments; the main square, ringed with shops and cafés; and the São Bento Railway Station, known for its blue and white tile panels depicting scenes from Portuguese history. You'll also enjoy a tasting of Port, Portugal's most renowned contribution to the world of wine. For a more active adventure, join a hike in Porto and explore the old harbor quarter, passing through the medieval streets of Porto; afterwards, indulge in a Port wine tasting. (B,L,D)

Arrives On: 18 Sep 25

Day 6: Porto (Portugal)

Arrives On: 18 Sep 25

Day 7: Porto (Portugal)

PORTO. Enjoy a day at leisure. (B,L,D)

Arrives On: 19 Sep 25

Day 8: Porto (Portugal)

PORTO – DISEMBARKATION. Your journey comes to an end in Porto as you prepare for your homeward flight. (B)

Arrives On: 20 Sep 25

For more information on this cruise, please call +44 (0)1202 767926.

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