Cruise Details

Name:	Flavors of Portugal & Spain
Reference:	AMAPD280916PE
Operator:	Ama Waterways
Cruise Type:	River
Cruise Rating:	Luxury
Ship:	AmaVida
Regions:	Douro
Departs On:	16 Sep 28
Departs From:	Porto
Arrives On:	23 Sep 28
Arrives At:	Vega de Terron, Portugal
Cruise Nights:	7
Total Vacation Days:	7

Itinerary

Day 1: Porto (Portugal)

PORTO – EMBARKATION. Board your river ship for your Flavors of Portugal & Spain cruise. When the sun sets, enjoy the illuminated landscapes of Porto on a scenic cruise aboard your ship. (D)

Arrives On: 16 Sep 28

Day 2: Porto (Portugal)

PORTO. Join a guided tour of Porto’s historic quarter, a UNESCO World Heritage Site. You’ll see the Cathedral, one of the city’s oldest monuments; the main square, ringed with shops and cafes; and the São Bento Railway Station, known for its blue and white tile panels depicting scenes from Portuguese history. For the more active adventure, join a hike in Porto and explore the old harbor quarter, passing through the medieval streets of Porto. In the afternoon, you’ll also enjoy a tasting of Port, Portugal’s most renowned contribution to the world of wine. (B,L,D)

Arrives On: 17 Sep 28

Day 3: Entre-os-Rios (Portugal)

ENTRE-OS-RIOS. Entre-os-Rios translates to “between the rivers,” and this small village is, quite appropriately, located at the confluence of the Tâmega and Douro rivers. For an authentic slice of Douro River life, enjoy a traditional “home-cooked” meal at a local quinta. (B,L,D)

Arrives On: 18 Sep 28

Day 4: Régua (Portugal)

RÉGUA. Discover the Baroque magic of Mateus Palace and Gardens. Inside, gaze at the beautiful 16th- to 18th-century furnishings that decorate the palace, as well as the distinctive paintings and a ceiling of intricately carved wood. Hear the tale of Mateus Rose Wine and spend some time exploring the palace’s magnificent gardens, considered some of the most beautiful in Portugal. (B,L,D)

Arrives On: 19 Sep 28

Day 5: Régua (Portugal)

RÉGUA – PINHÃO. Venture to the town of Lamego, where you’ll see the “Sanctuary of Our Lady of Remedies” on a city tour or climb the 686-step “Holy Staircase,” beautifully decorated with white and blue tiles, to the top on a guided hike. Whichever excursion you choose will conclude with a tasting of local specialties such as Bôlas de Lamego, bread filled with smoked ham; Presunto, a type of dry-cured ham; and Espumante, a Portuguese sparkling wine. Later in the day, cruise along the scenic Douro to Pinhão, where a wine tasting will be waiting for you in a local quinta. (B,L,D)

Arrives On: 20 Sep 28

Day 5: Pinhão (Portugal)

Arrives On: 20 Sep 28

Day 6: Pinhão (Portugal)

PINHÃO. Embark on a leisurely walk to the charming Pinhão Railway Station, a stunning train station along the Douro Line, one of the most iconic rail journeys in Portugal. The station’s main building is revered for its 25 tile panels, all in shades of blue, that depict scenes from the Douro region. Afterward, enjoy an exclusive lunch at Quinta da Roêda. Nestled in the heart of the Douro Valley, this historic estate is celebrated for its centuries-old vineyards and iconic terraced landscapes. Enjoy a scenic drive up towards the quinta and savor a wine tasting, followed by a

traditional family-style lunch with many regional delicacies. (B,L,D)

Arrives On: 21 Sep 28

Day 7: Barca d'Alva (Portugal)

PINHÃO-BARCA D'ALVA, PORTUGAL. Begin the day with a scenic cruise through Pinhão on the way to Barca d'Alva. Venture to Castelo Rodrigo, known as the "White Village" because of its almond trees. The site offers spectacular views of the surrounding area and as far away as Spain. Join a walking tour through its medieval streets and see the houses and establishments with 16th-century facades and Manueline-style windows. If you prefer a more active adventure there, you can hike to the town. At the end of both tours, enjoy a tasting of local favorites, such as almonds, cheese, bread and wine. (B,L,D)

Arrives On: 22 Sep 28

Day 8: Vega de Terron, Portugal (Portugal)

VEGA DE TERRÓN –DISEMBARKATION. Disembark your cruise in Vega de Terrón. (B) **DISCLAIMER: Itinerary subject to change.,br>SAILING ALERTS: Ship docks in remote location. Cruise only not recommended - can purchase a long haul transfer & overnight in MAD; a private transfer or own independent transfer to depart at anytime

Arrives On: 23 Sep 28

For more information on this cruise, please call +44 (0)1202 767926.

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