Cruise Details

Name:	Flavors of Portugal & Spain
Reference:	AMAPD281028PEV
Operator:	Ama Waterways
Cruise Type:	River
Cruise Rating:	Luxury
Ship:	AmaVida
Regions:	Douro
Departs On:	28 Oct 28
Departs From:	Porto
Arrives On:	04 Nov 28
Arrives At:	Vega de Terron, Portugal
Cruise Nights:	7
Total Vacation Days:	7

Itinerary

Day 1: Porto (Portugal)

EMBARKATION – PORTO, PORTUGAL. Board your river ship for your Flavors of Portugal & Spain cruise. (D)

Arrives On: 28 Oct 28

Day 2: Porto (Portugal)

PORTO. Join a guided tour of Porto’s historic quarter, a UNESCO World Heritage Site. You’ll see the Cathedral, one of the city’s oldest monuments; the main square, ringed with shops and cafes; and the São Bento Railway Station, known for its blue and white tile panels depicting scenes from Portuguese history. You’ll also enjoy a tasting of port, Portugal’s most renowned contribution to the world of wine. For the more active adventure, join a hike in Porto and explore the old harbor quarter, passing through the medieval streets of Porto. (B,L,D)

Arrives On: 29 Oct 28

Day 3: Porto (Portugal)

ENTRE-OS-RIOS. Entre-os-Rios translates to “between the rivers,” and this small village is, quite appropriately, located at the confluence of the Tâmega and Douro rivers. For an authentic slice of Douro River life, enjoy a traditional “home-cooked” meal at a local quinta. (B,L,D)

Arrives On: 30 Oct 28

Day 4: Régua (Portugal)

RÉGUA. Discover the Baroque magic of Mateus Palace and Gardens. Inside, gaze at the beautiful 16th- to 18th-century furnishings that decorate the palace, as well as the distinctive paintings and a ceiling of intricately carved wood. Hear the tale of Mateus Rose Wine and spend some time exploring the palace’s magnificent gardens, considered some of the most beautiful in Portugal. (B,L,D)

Arrives On: 31 Oct 28

Day 5: Régua (Portugal)

RÉGUA – PINHÃO. Venture to the town of Lamego, where you’ll see the “Sanctuary of Our Lady of Remedies” on a city tour or climb the 686-step “Holy Staircase,” beautifully decorated with white and blue tiles, to the top on a guided hike. Whichever excursion you choose will conclude with a tasting of local specialties such as Bôlas de Lamego, bread filled with smoked ham; Presunto, a type of dry-cured ham; and Espumante, a Portuguese sparkling wine. Later in the day, cruise along the scenic Douro to Pinhão, where a wine tasting will be waiting for you in a local quinta. (B,L,D)

Arrives On: 01 Nov 28

Day 5: Pinhão (Portugal)

Arrives On: 01 Nov 28

Day 6: Pinhão (Portugal)

PINHÃO. This morning, hike to the 19th-century Pinhão Railway Station, once used to transport wine. Admire the more than 20 historic azulejos (hand-painted tiles) that depict various aspects of the town’s grape harvest. During the afternoon, enjoy lunch at Quinta da Avessada. Here, you’ll enjoy an authentic and traditional dining experience complete with entertainment. Quinta da Avessada is also a fascinating interactive museum commemorating the history and culture of wine in the Alto Douro region, so you’ll have fun discovering all the various stages of wine production as well as doing plenty of tasting. (B,L,D)

Arrives On: 02 Nov 28

Day 7: Barca d’Alva (Portugal)

BARCA D’ALVA, PORTUGAL. Venture to Castelo Rodrigo, known as the “White Village” because of its almond trees. The site offers spectacular views of the surrounding area. Join a walking tour through its medieval streets and see the houses and establishments with 16th-century façade and Manueline-style windows. If you prefer a more active adventure there, you can hike up to the town. At the end of both tours, enjoy a tasting of local favorites, such as almonds, cheese, bread and wine. Set sail to Pinhão where you’ll be treated to a Port wine tasting. (B,L,D)

Arrives On: 03 Nov 28

Day 8: Vega de Terron, Portugal (Portugal)

VEGA de TERRÓN – DISEMBARKATION. Your journey comes to an end in Vega de Terrón as you prepare for your homeward flight. (B)

Arrives On: 04 Nov 28

For more information on this cruise, please call +44 (0)1202 767926.
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