## Cruise Details

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| Name: | Barcelona to Lisbon & Secrets of the Douro |
| Reference: | EMERALDEPLP050527-2 |
| Operator: | Emerald Cruises |
| Cruise Type: | River |
| Cruise Rating: | Luxury |
| Ship: | Emerald Radiance |
| Regions: | Douro |
| Departs On: | 05 May 27 |
| Departs From: | Barcelona |
| Arrives On: | 18 May 27 |
| Arrives At: | Lisbon |
| Cruise Nights: | 13 |
| Total Vacation Days: | 14 |

## Itinerary

### Day 1: Barcelona (Spain)

Fly from the UK for the start of your cruise. Welcome to the vibrant city of Barcelona – cosmopolitan capital of Spain’s Catalonia region. Upon arrival, you'll be transferred to your hotel for your three-night included stay, where you can enjoy time at leisure, or perhaps take the opportunity to discover Barcelona at your own pace. Immerse yourself in Barcelona’s lively atmosphere, wander through the historic streets and explore the bustling local markets, or perhaps take a stroll along the beautiful coastline. This true Mediterranean gem offers something for everyone. This evening, enjoy a welcome drink with your tour director and fellow guests.

Arrives On: 05 May 27

### Day 2: Barcelona (Spain)

Soak in the sights of Barcelona on your included morning tour. Later, you may choose to join an optional Emerald DiscoverMORE excursion or to continue exploring the city at

leisure. Included Excursion<br />Guided city tour of Barcelona <br />Today’s guided city tour will combine panoramic views and fascinating walking tours among the most important sights and landmarks in Barcelona, highlighting striking masterpieces of Modernism and the genius of acclaimed Catalan architect, Antoni Gaudí. Admire the iconic La Sagrada Família – the largest unfinished Catholic church in the world – and the striking Casa Milà residence, from the outside. Soak up the buzz as you stroll along lively Las Ramblas Avenue, taking time to sample delicious local appetisers and Barcelona’s signature dish, Tapas. DiscoverMORE<br />Tastes of Barcelona (extra expense)<br />Savour the vibrant flavours of Barcelona on a tasting experience that celebrates Catalonia’s culinary heritage. Enjoy the smoky bite of Padrón peppers, the simplicity of pan con tomate drizzled with olive oil, and finish with the silky sweetness of crema catalana. All perfectly paired with a refreshing glass of sangria, this journey captures the essence of Barcelona’s lively food culture.<br />Duration: 1.5 hours, Activity level: Easy

Arrives On: 06 May 27

## Day 3: Barcelona (Spain)

The many charms of Barcelona are yours to explore at leisure today, with a full day of independent discovery at your fingertips. Consider revisiting the stunning La Sagrada Família, one of Gaudí's greatest creations, and admiring the Basilica’s unique architectural design. Or stroll through the Gothic Quarter, Barcelona’s cultural hub, taking in the centuries of history. You might also like to spend time at Montjuïc, Barcelona’s famous hill, where you can marvel at the beautiful gardens and panoramic city views. Be sure to sample plates of delicious tapas at a lively local café, or savour the iconic Spanish dish, paella, at a beachside restaurant. Your tour director will be more than happy to help you plan a wonderful day in Barcelona. DiscoverMORE<br />Montserrat Abbey (extra expense)<br />Visit the breathtaking Montserrat Abbey, perched high in the mountains just outside of Barcelona. Explore the spiritual heart of Catalonia, home to the famous Black Madonna statue, and discover the rich history of the monastery, which dates back to the 11th century.<br />Duration: 5 hours, Activity level: Easy to medium

Arrives On: 07 May 27

## Day 4: Barcelona (Spain)

This morning, after breakfast, you’ll be transferred from your hotel to the airport for your onward flight to Porto, leaving with treasured memories of your wonderful stay in captivating Barcelona. In Portugal’s historic city of Porto, you’ll embark on your luxury river cruise.

Arrives On: 08 May 27

## Day 4: Porto (Portugal)

Arrives On: 08 May 27

## Day 5: Porto (Portugal)

Relax on board today and enjoy a full day of cruising through the World Heritage-listed Douro Valley. This fascinating area builds on two millennia of wine-producing history, and viticulture has shaped the surrounding landscape, with small, sleepy villages surrounded by dozens of terraced vineyards. A highlight will be seeing Carrapatelo, the deepest lock in Europe. EmeraldPLUS<br />Portuguese cooking demonstration on board<br />Learn how to make the iconic Portuguese sweet treat Pastéis de Nata (custard tarts) during an on board cooking demonstration. The expert chef will share the story and traditions behind this signature dish and involve guests in an immersive experience.

Arrives On: 09 May 27

## Day 5: Pinhão (Portugal)

Arrives On: 09 May 27

## Day 6: Pinhão (Portugal)

A hidden gem just a few hours from Porto, Pinhão (pronounced ‘Pin-yow’) is a tiny village in the heart of the Douro Valley, surrounded by vineyards and beautiful countryside. It’s a place to take things slowly, sip local Port wine, explore hiking trails, or relax and soak up the charms of Portugal. Included Excursion<br />Visit to Quinta do Tedo with wine tasting<br />Visit the beautiful Quinta do Tedo vineyard, set on the hills surrounding the confluence of the Douro and Tedo rivers. This 18th-century estate is environmentally sound, creating organic produce using traditional viticulture methods. Enjoy tasting their famous Port wine and learning about how they blend traditional viticulture methods with modern technology to create a seamless process. Alternatively, join a guided walk through their vineyards, stopping to admire the beautiful surrounds. EmeraldACTIVE<br />Kayak experience in Pinhão<br />Embark on a kayak excursion along the Pinhão River, taking in the impressive views from the heart of the Douro Valley. You’ll glide slowly past patchwork farmland, terraced vineyards and sprawling estates as you traverse this tranquil tributary of the Douro. EmeraldACTIVE<br />Guided active walk through the vineyards<br />Enjoy a guided walk through local vineyards, stopping along the way to admire the surroundings and the views over the Douro River. There are several different possibilities for hiking, to be adopted according to the fitness and desires of the group. Afterwards, join the group

for the wine tasting. 

Arrives On: 10 May 27

## Day 6: Vega de Terrón (Spain)

Arrives On: 10 May 27

## Day 7: Vega de Terrón (Spain)

Just across the Spanish border, Vega de Terrón is at the junction of the Douro and Águeda rivers. It's the gateway to the ancient city of Salamanca, known as the 'Golden City' for its stunning Renaissance architecture built from Villamayor sandstone, which glows golden, pink, and ochre at sunrise and sunset. Included Excursion<br />Guided tour of Salamanca<br />Founded in Roman times, the ancient city of Salamanca and its World Heritage-listed Old Quarter have an illustrious past, having been held by the Carthaginians, Romans and Moors. Set out on a walking tour, which includes exploring the postcard-worthy galleries and arcades that adorn Plaza Mayor. You'll also have the opportunity to see Casa de las Conchas, a building that has been lovingly decorated with more than 300 shells, and Salamanca's university, one of the oldest universities in Europe, dating back to 1218. EmeraldPLUS<br />Tuna music band in Salamanca<br />The tradition of 'tuna music' dates back to the 13th century, arising from poor university students who would sing in the streets to raise money for their tuition. It showcases a powerful tradition of academic and social life in Spain, with performers dressing in distinctive clothing, including capes with colourful ribbons to represent their school. Enjoy a performance of this unique music from a local group.

Arrives On: 11 May 27

## Day 7: Salamanca (Spain)

Arrives On: 11 May 27

## Day 8: Pocinho (Portugal)

The tiny village of Pocinho is around 30km (18.64 miles) from the Spanish border, surrounded by river and mountains. This isolated spot has a population of just a few hundred, with its white-walled and red-roofed buildings all but blending into the landscape. Nearby, museums and archaeological sites will take you deeper into Portugal's history. Included Excursion<br />Tour to Castelo Rodrigo<br />Visit the charming medieval town of Castelo Rodrigo, a small, fortified village perched high on a hilltop. Uncover the secrets of its history, admire its 16th-century walls and walk down charming, narrow medieval

streets. Later, try some typical local products and enjoy some free time to explore on your own. EmeraldPLUS<br />Port wine cocktail lesson on board<br />Return to your Emerald Star-Ship for lunch, then enjoy a Port wine cocktail lesson as you cruise down the river. Port wine became popular in the 17th century and is created by adding brandy to wine during fermentation, resulting in a strong, sweet, high-alcohol style that can be used in many delicious combinations. DiscoverMORE<br />Archaeological tour by 4x4 at the Côa Valley Museum (extra expense)<br />The tour begins at the Côa Museum, a vast open-air rock art collection of the Côa Valley. Board your jeep and drive to the area where the abandoned Côa dam was being built, and onwards through a landscape marked by the construction work that determined the recent history of the Côa rock art. The final part of the tour is on foot.<br />Activity level: Difficult/Active, Duration: 3.5 hours.

Arrives On: 12 May 27

## Day 8: Régua (Portugal)

Arrives On: 12 May 27

## Day 9: Régua (Portugal)

Get an insight into Portuguese life in Régua, a busy town that sits at the western edge of the Port wine growing region. It is steeped in winemaking culture and has been an important trading and transport centre since the 18th century. Backed by the stunning Serra do Marão mountains, it promises dramatic scenery and a welcoming atmosphere.<br /><br />Cruise to Porto in the afternoon, where you'll remain docked overnight, allowing you to explore this vibrant city after dark. Included Excursion<br />Guided tour of Lamego<br />On today's included excursion, you'll visit the marvellous Baroque village of Lamego, a place that has been shaped by Portugal's devout Catholic faith and centuries of winemaking. Nestled among the terraced slopes of the Douro Valley, the elegant town is infused with Baroque style. Stop to admire the picturesque Shrine of Our Lady of Remedies, a structure that stands gracefully over the town. Its hundreds of zigzagging stairs are decorated with tiled friezes and climb out of a tailored garden resplendent with a variety of trees. EmeraldPLUS<br />Rural lunch at a local quinta<br />Enjoy a rural lunch at a local Quinta, a famous wine estate in the Douro, which is certain to be a highlight of your trip. A traditional meal will be served and beautifully accompanied by local entertaine EmeraldPLUS<br />Mosaic tile painting lesson on board<br />Colourful painted tiles, called azulejos, are everywhere in Portugal. Learn about their origins, place in Portuguese culture and how they are created during a mosaic tile painting workshop on board. This hands-on experience will immerse you in Portuguese artistic traditions. You'll even get to take home your azulejos

as a souvenir. EmeraldACTIVE<br />Walk down the steps of the Sanctuary of Our Lady of Remedies<br />From the Sanctuary of Our Lady of Remedies, an important pilgrimage site on a hill above Lamego, walk down 686 cobbled steps to reach the centre of the village. This Baroque, zig-zag staircase offers spectacular views and is lined with small chapels and shrines dedicated to various saints and martyrs. DiscoverMORE<br />Visit to Mateus Manor House (extra expense)<br />Built in the 18th century, Mateus Manor House is one of the finest representations of Baroque architecture in Portugal. Consisting of the main house, the gardens, a winery and a chapel, you may recognise these wonderful dwellings from the label of Portugal's famous rosé wine. Enjoy a guided tour of this spectacular estate.<br />Activity level: Moderate, Duration: 2.5-3 hours

Arrives On: 13 May 27

## Day 9: Porto (Portugal)

Arrives On: 13 May 27

## Day 10: Porto (Portugal)

Located at the mouth of the Douro River, Porto is a fascinating and eclectic mix of modern and ancient architecture. Famous for its export of Port wines, it's easy to imagine how British merchant ships would have once clustered together in the medieval harbour, waiting to take their produce across the water. Included Excursion<br />Guided tour of Porto<br />Your included coach tour of the coastal city will introduce you to its highlights, from the bustling waterfront to its colourful buildings and iconic bridges. It will touch on the fortified structures of Castelo da Foz and Castelo do Queijo, a building whose pentagonal façades overlook the ocean. EmeraldPLUS<br />A cruise through Porto<br />This evening, a charming evening cruise will shine a different light on Porto's skyline. EmeraldPLUS<br />Guided active walk in Porto<br />For those who wish to see the charms of Porto on foot, this active walk through the town will bring you closer to the vibrant daily life of the locals. Cross the old iron bridge back to Porto city to admire the Porto Cathedral and visit the Old Town and São Bento railway station. DiscoverMORE<br />Visit to Quinta da Aveleda (extra expense)<br />Explore the fairytale-like property of Quinta Aveleda, a renowned sparkling wine producer with a 150-year history. A highlight of this tour is the estate's enchanting gardens. After your tour, enjoy a wine and cheese tasting followed by some free time.<br />Activity level: Moderate, Duration: 4 hours DiscoverMORE<br />Guided bike tour to the Atlantic (extra expense) A guided e-bike tour is the easiest and most attractive way to discover the wonderful city of Porto. Enjoy a few hours cycling along the Douro River until you reach the Atlantic Ocean. The path is flat, and there will be several stops

along the way for commentary and photo opportunities.<br />Activity level: Moderate; Duration: 4 hours

Arrives On: 14 May 27

## Day 11: Porto (Portugal)

This morning, you'll disembark your luxury Emerald Star-Ship and travel south, following the coast of the sparkling Atlantic, with an included visit en route to charming Nazaré and Óbidos, before arriving in Lisbon, the delightful Portuguese capital. Lisbon's beauty has captivated people from around the world for centuries, and your included three-night stay in a centrally located hotel is certain to leave you captivated too. Included Excursion<br />Visit to Óbidos<br />For today's included excursion, en route from Porto to Lisbon, you'll first visit the enchanting town of Nazaré, known for its traditional fishing culture and fresh seafood, as well as the largest waves in Europe. Afterwards, you'll proceed to the medieval small town of Óbidos. Here, your local tour guide will lead you through the town's charming, whitewashed houses and narrow alleys.

Arrives On: 15 May 27

## Day 11: Lisbon (Portugal)

Arrives On: 15 May 27

## Day 12: Lisbon (Portugal)

Soak in the sights of Lisbon on your included morning tour. Later, you may continue exploring the city at leisure. Your tour director will be available to help you plan your day. Included Excursion<br />Guided tour of Lisbon<br />Today, you can enjoy an enthralling guided tour of Lisbon's city centre and glimpse the iconic sight of yellow trams travelling swiftly through tree-lined boulevards. Enjoy a visit to Jerónimos Monastery, a World Heritage-listed site and one of the most prominent examples of late Gothic Manueline architecture in Portugal.

Arrives On: 16 May 27

## Day 13: Lisbon (Portugal)

The cobbled alleyways and ancient ruins of Lisbon are yours to explore at leisure today, perhaps stopping to learn about Lisbon's long and storied history and the Pombaline architecture that took hold following the Great Lisbon Earthquake. Alternatively, you may choose to join an optional Emerald DiscoverMORE excursion. DiscoverMORE<br />Excursion to Sintra (extra expense)<br />Just north of Lisbon, enjoy a guided tour of

Sintra. With its rippling mountains, dewy forests thick with ferns, exotic gardens and ornate palaces, Sintra appears like a page torn from a fairy- tale. Its World Heritage–listed centre, Sintra-Vila, is dotted with pastel-hued manors folded into luxuriant hills that roll down to the sparkling blue Atlantic.<br />Duration: 3 hours 30 minutes, Activity level: Moderate

Arrives On: 17 May 27

## Day 14: Lisbon (Portugal)

This morning, after breakfast, it’s time to bid farewell to your fellow guests and prepare for your transfer to the airport for your return flight to the UK taking treasured memories of the golden city and illustrious vineyards with you.

Arrives On: 18 May 27

For more information on this cruise, please call +44 (0)1202 767926.

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