



## Cruise Details

Name:	Pristine islands of the Bahamas & the Panama Canal
Reference:	SCENIC111C161026-1
Operator:	Scenic Ocean Cruises
Cruise Type:	Ocean
Cruise Rating:	Ultra Luxury
Ship:	Scenic Eclipse
Regions:	Caribbean
Departs On:	16 Oct 26
Departs From:	Nassau
Arrives On:	26 Oct 26
Arrives At:	Panama City
Cruise Nights:	10
Total Vacation Days:	11

## Itinerary

### Day 1: Nassau (Bahamas)

Welcome to Nassau, the capital city of the Bahamas. Once a haven for pirates, Nassau is a city of history and colour. Downtown is brimming with colonial-era architecture and rainbow-hued buildings and vibrant murals bring the streets to life. This popular island playground has many world-class resorts and casinos and is much-loved for its white sand beaches lapped by crystal-clear water. Your journey into wonder begins with a warm greeting by the Captain and crew as you step on board Scenic Eclipse. Sip on a glass of Champagne as you explore your luxurious suite, then join your fellow guests at the Sky Bar to toast the start of an unforgettable voyage. Please book your flight to arrive into Nassau prior to 02:00 PM. Docked: 18:00

Arrives On: 16 Oct 26

### Day 2: Staniel Cay (Bahamas)

<p><span>Part of Exuma Cays, Staniel Cay is a hidden gem in The Bahamas, south of Nassau. It is home to a small village, a yacht club and is famous for the swimming pigs, who have become an attraction paddling in the translucent water of nearby Pig Beach. On Staniel Cay guests can enjoy sun-kissed beaches and a rustic and authentic Bahamian lifestyle. </span></p><p><span>Tonight, settle in at the spacious Scenic Lounge Bar to enjoy your beverage of choice, whether it be aged whiskey- there are over 130 varieties, or a glass of wine, while reflecting on the day's discoveries.</span></p><p><strong>Scenic Freechoice:</strong><span><br />Nurse Sharks & Swimming Pigs: Visit the Exuma Cays and meet the famous swimming pigs on Pigs Beach, where you can feed, swim and interact with them. Then head to Compass Cay to encounter friendly Nurse Sharks, and finish with shell hunting and beachcombing on a picturesque sandbar.<br /><br />Thunderball Grotto: Enjoy a boat adventure from Staniel Cay, meeting iguanas on Bitter Guana Cay, spotting stingrays at a plane wreck, and snorkelling through the stunning Thunderball Grotto.<br /><br />Iguana Island & Staniel Cay Nature Walk: Explore Bitter Guana Cay (Iguana Island) by private boat to observe endangered Bahamian rock iguanas with a naturalist guide, then take a nature walk on Staniel Cay and pause for a refreshing drink at a scenic overlook.</span></p><p><span>Anchored: 08:00 - 18:00</span></p>

Arrives On: 17 Oct 26

### Day 3: San Salvador Island (Bahamas)

<p><span>You'll spend the day at San Salvador Island today, an island rich in history, including its significance as the first landfall of Christopher Columbus in the New World. The island is an aquatic wonderland, fringed by pristine sand beaches, with a series of inland lakes and some 50 dive sites to explore reefs and wrecks, as well as a medley of marine life. You can also wander through charming coastal villages and fall into the island's languid pace.</span></p><p><strong>Scenic Discovery:</strong><span><br />Today, experience the charm of an idyllic Bahamas beach, where kayaks, paddleboards, and the possibility of a Zodiac cruise along the sparkling coastline await, all thoughtfully arranged by our Discovery Team.</span></p><p><span>Anchored: 8:00 - 18:00</span></p>

Arrives On: 18 Oct 26

### Day 6: Cabo de la Vela (Colombia)

<p><span>Embark on a cultural odyssey at Cabo de La Vela, where the indigenous Wayuu people welcome you to their ancestral lands. Learn about their rich traditions, from vibrant handicrafts to ancient rituals. Engage with locals and share stories during a visit to the local school. Cabo de La Vela is a place of striking beauty where the rugged desert landscape is adorned with windswept dunes and lapped by crystalline waters.</span></p><p><strong>Scenic Discovery:</strong><span><br />Today, the Discovery Team may offer exciting watersports activities, including stand-up paddleboarding, perfect for enjoying the beautiful waters of Cabo de la

Vela.</span></p><p><span>Anchored: 7:00 - 14:00</span></p>

Arrives On: 21 Oct 26

### Day 7: Cartagena (Colombia)

<p><span>Cartagena is a beautifully preserved and colourful city oozing colonial charm. This World Heritage-listed walled city is looked over by a great 17th century hilltop fortress, and is crammed with churches and monasteries, bustling plazas where traditional musicians and dancers entertain and candy-coloured buildings with balconies draped in bougainvillea. </span></p><p><span>Renowned for vibrant festivals and exquisite cuisine, Cartagena is a treasure trove of Latin American culture and history. Wander its Old Town, with cobblestone streets that are frequented by artisans, hawkers and food vendors touting tropical fruits. The surrounding landscape of pristine beaches and tropical forests adds to its allure.</span></p><p><strong>Scenic Freechoice: </strong><span><br />Colombian Coffee Experience with Honey Pairing & Touch of Gold: Discover Cartagena's historic walled city, then enjoy a hands-on Colombian coffee tasting led by a local expert. Learn about roasting, cupping and honey pairings before visiting the Gold Museum and ending with a relaxing café refreshment stop.<br /><br />Cartagena Walking Tour: Explore La Popa Monastery, Castillo de San Felipe, vibrant Getsemani, the walled city, and the Gold Museum, ending with a local ice cream.<br /><br />Old Cartagena by Vintage Car: Tour Cartagena's old town in classic vintage cars, discovering its beautiful colonial streets. End with a delicious meal at a trendy historic restaurant and some free time to explore.</span></p><p><span>Docked: 12:00 - 18:00</span></p>

Arrives On: 22 Oct 26

### Day 8: San Blas Islands (Panama)

<p><span>Welcome to Lemon Cay, a hidden paradise in the San Blas Islands of Panama, which is home to the indigenous Guna people and one of the biggest coconut plantations in the world. Immerse yourself in the beauty of these pristine isles dotted with swaying palm trees and surrounded by crystal-clear waters that are mottled by thriving underwater coral gardens.</span></p><p><span>Take a short zodiac ride to Lemon Cay, where the Guna people greet you with music, dance and vibrant traditions. Explore handcrafted mola textiles, sample local cuisine and browse artisan goods. Relax on the beach and soak in the natural beauty – this unique cultural experience is open to everyone on this day.</span></p><p><strong>Scenic Discovery: </strong><span><br />Get active with the Discovery Team today, explore the crystal-clear waters of Lemon Cay through snorkelling, kayaking and stand-up paddleboarding.</span></p><p><span>Anchored: 11:00 - 18:00</span></p>

Arrives On: 23 Oct 26

### Day 9: Bocas del Toro (Panama)

<p><span>Discover the enchanting beauty of Bocas del Toro, a destination with lush forests and mountains on one side and pristine beaches on the other. It has an Afro-Caribbean culture with a very distinctive language that blends English, French and Spanish, where calypso and reggae music fills the streets and dishes are created with seafood, coconuts and spices.</span></p><p><span>Spend the day exploring colourful reefs, unwinding on white sandy beaches or discovering the picturesque villages.</span></p><p><strong>Scenic Freechoice:</strong><span><br />Wildlife Adventure Bastimentos: Discover the wildlife and culture of Bocas del Toro on this relaxed boat adventure, spot dolphins in Bahia Honda, see starfish at Hollywood Cove, visit Sloth Island, glide through mangrove channels, and finish with a guided stroll through the vibrant village of Old Bank.<br /><br />Bird Island & Starfish Beach: Experience Bocas del Toro's natural wonders on a scenic boat adventure to Bird Island, a limestone islet home to tropical seabirds including the rare, red-billed tropicbird. Then head to Boca del Drago and Starfish Beach to relax, swim and enjoy the calm waters and colourful sea stars.<br /><br />Zapatilla's Paradise Cayes: Explore Bocas del Toro's Zapatilla Cayes, spot dolphins at Bahia Honda, snorkel vibrant coral at Coral Cay, and relax on the pristine sands of Zapatilla Cay.<br /><br />Bahia Honda Adventure: Venture through Bastimentos Island on an eco-adventure through mangroves and jungle. Spot sloths, monkeys and exotic birds, hike a tropical trail to see tiny red frogs, and wade through the mysterious Batcave.</span></p><p><span>Anchored: 11:00 - 18:00</span></p>

Arrives On: 24 Oct 26

#### Day 10: Port information not found

<p><span>Today, you'll pass through the Panama Canal, considered one of the 'Seven Wonders of the Modern World'. Built between 1904 and 1914 to significantly decrease the travel time between the Pacific Ocean and the Caribbean Sea, it has seen more than 900,000 vessels and counting.</span></p><p><span>Experience this engineering marvel as you relax on board Scenic Eclipse. Spend time on the verandah of your spacious suite with a coffee delivered by the butler or take in the scenery of the Panama Canal from the Sky Deck & Bar.</span></p><p><span>Docked: 18:30 - Overnight</span></p>

Arrives On: 25 Oct 26

#### Day 10: Panama City (Panama)

Arrives On: 25 Oct 26

#### Day 11: Panama City (Panama)

<p><span>Your Signature Yacht Cruise will come to an end in the capital of Panama, Panama City. This cosmopolitan city, which comprises a juxtaposing skyline of skyscrapers, 17th century churches and colonial-style buildings, is steeped in history and boasts a happening culinary

scene. </span></p><p><span>Savour one last luxurious breakfast on board your 6-star Discovery Yacht before saying farewell to the crew and new friends who have shared this remarkable journey with you. As you disembark, know you have created unforgettable memories. </span></p><p><span>Please book your flight to depart out of Panama City after 12:00 PM.</span></p><p><span>+All drinks on board, including those stocked in your mini bar, are included, except for a very small number of rare, fine and vintage wines, Champagnes and spirits. #Spa treatments at additional cost. ~Kayak and stand-up paddleboard may not operate in all locations.</span></p><p><p><strong>Helicopter not operational in Columbia or Panama.</strong></p><p><span>Please note the itinerary is a guide and may be subject to changes for operational reasons. Please refer to our terms and conditions for further information.</span></p>

Arrives On: 26 Oct 26

For more information on this cruise, please call +44 (0)1202 767926.

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